



Ridgefield Health Department

Ridgefield, CT 06877

Blastlyme.org

What is a tick?



A tick is a tiny bug.



Where do ticks live?



Ticks can make you sick.



Ticks can give you Lyme disease.

- Tired
- Headache
- Achy Joints
- Fever



Lyme disease may give you a rash.



L. Zemel



S. Luger

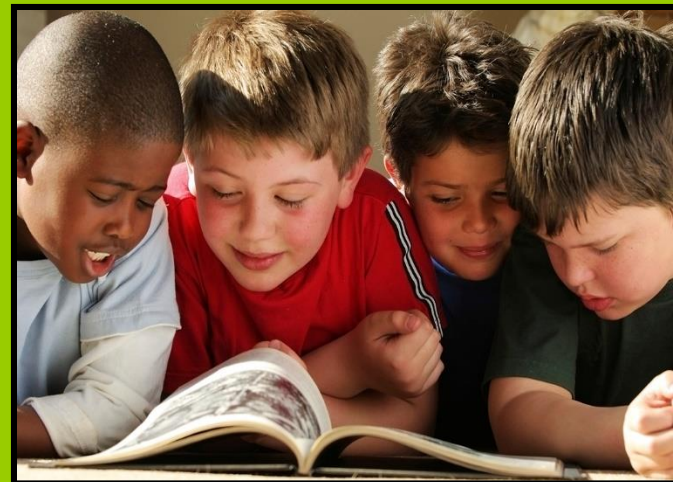


J. Stratton



A. McDonald

If my friend has Lyme disease, can I catch it too?



NO!

You can only catch Lyme from Ticks!



If your friend is sick, be EXTRA nice to them!

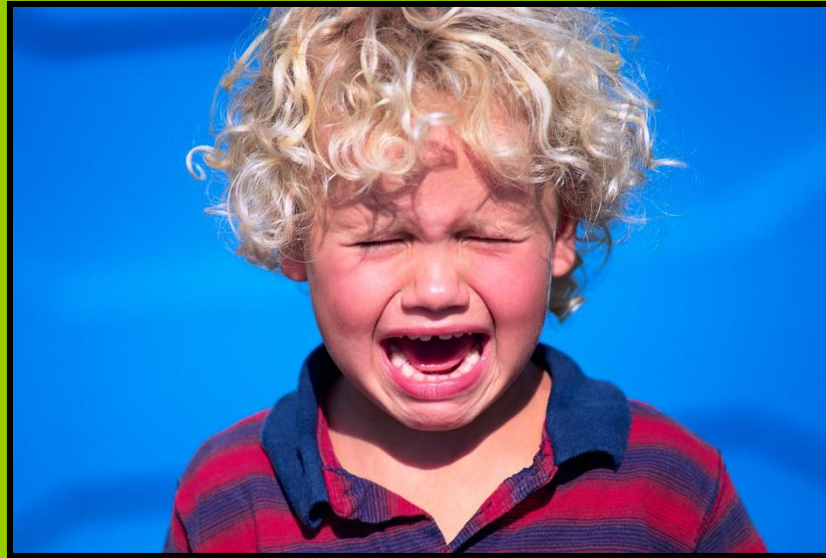
How does a tick give you Lyme?



Ticks can bite you.



Will it hurt if a tick bites me?



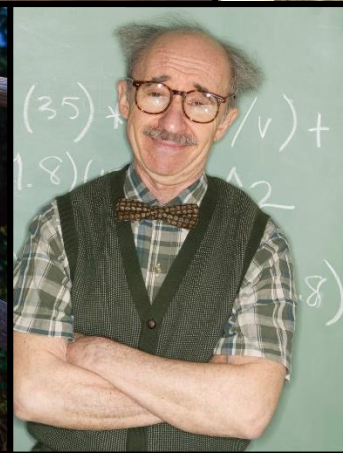
NO!

You might not feel the bite at all!

What if I find a tick on myself?



Tell a Grown-up!



They will take the tick off of you.



Bring the tick to the Health Department.



They can tell you if it had Lyme disease.

What's the BEST way to keep ticks off you?!



BLAST

stands for the



ways to keep ticks
away from you!

BLAST

Bathe

soon after coming indoors



BLAST

LOOK

for Ticks and Rashes



Ask your Mom or Dad to help you look for ticks every night!



BLAST

Apply Repellants

Use bug spray to
keep ticks away!

You can use one for
your skin or one
for your clothes.



BLAST

Spray your yard



Some families do not want to spray.

If they do, your family should have a bug spray company to spray your yard!

BLAST

Treat your pets

- Check your pets for ticks!
- Ask your vet what you can put on your pet to keep ticks off of them.
- Don't sleep with your pet because ticks on your pet may crawl onto you!



Quiz Time!



B

L

A

S

T



Lyme Disease!

Be a LYME Fighter!

Together we can



Lyme Disease!

